

DEEPER BIBLE STUDY

HEART WORK

HARD TIMES & WISDOM | JAMES 1:1-11 | PASTOR ADAM AZIZ

DAY 1 | NAMING THE TRIAL

Read: James 1:2-4

Journal:

- What trial am I currently in or avoiding?
- What emotions surface when I think about it?
- Where am I tempted to escape instead of endure?

Prayer: “God, help me see this season clearly, not emotionally.”

DAY 2 | GOD’S PURPOSE IN PRESSURE

Read: Romans 5:3-5

Reflect:

- According to this passage, what does suffering produce?
- Which of these outcomes do I struggle to believe God is forming in me?
- Where has pressure shaped me before, for better or worse?

Prayer: “God, help me trust what You are producing, even when I don’t feel it yet.”

DAY 3 | WHAT PRESSURE REVEALS

Read: Luke 6:45

Journal honestly:

- What comes out of me when pressure hits?
- What patterns show up in stress: control, withdrawal, anger, fear, self-reliance?
- What does this reveal about what's been stored in my heart?

Prayer: "Lord, I invite You to refine what pressure has exposed."

DAY 4 | WISDOM, NOT JUST RELIEF

Read: Proverbs 3:5-7

- Write out verse 5 in your own words.

Reflect:

- Where am I leaning on my own understanding right now?
- What would trusting God actually look like in this situation?
- What outcome am I secretly attached to?

Prayer: "God, I release my need to control the outcome. I ask for Your wisdom."

DAY 5 | ASKING GOD IN FAITH

Read: James 1:5-6

Assignment:

- Write one specific request for wisdom.
- Read it out loud to God.
- Then sit in silence for a few minutes.

Journal:

- What fears surface when I ask God honestly?
- Do I trust God's heart, or just His power?

Prayer: "Lord, I ask You for wisdom believing You are good and generous."

DAY 6 | EXPOSING DOUBLE-MINDEDNESS

Read: Psalm 86:11, Matthew 6:24

Reflect deeply:

- **Where am I torn between faith and fear?**
- **Where do I want God's blessing but not His leadership?**
- **What would an undivided heart cost me?**

Prayer: "Unite my heart to fear Your name. I don't want to live divided."

DAY 7 | CHOOSING ENDURANCE

Read: Hebrews 10:35-36

Journal:

- **What is God asking me not to quit right now?**
- **Where do I need endurance instead of answers?**
- **What does obedience look like this coming week?**

Declaration: "Even if this season doesn't change yet, I will remain faithful and trust God fully."

Prayer: "God, I choose endurance over escape. Finish Your work in me."