

DEEPER BIBLE STUDY

TABLE TALK

APRIL 14, 2026 | TAMING THE TONGUE | PASTOR ADAM AZIZ

Section 1: Words Reveal What Is Governing You

Read: Proverbs 29:11, Ecclesiastes 5:2, Proverbs 21:23

Discuss:

- What do these verses reveal about the connection between wisdom and restraint?
- Why do people often mistake being loud, reactive, or unfiltered for being honest or strong?
- What does restraint in speech look like without becoming passive or fake?

Section 2: Words Have the Power to Wound or Heal

Read: Proverbs 12:18, Proverbs 15:1, Proverbs 16:24

Discuss:

- What is the difference between speaking truth and speaking harshly?
- Have you ever experienced a moment where someone's words brought healing to you? What made those words powerful?
- When conflict rises, what usually comes more naturally to you: softness, silence, sharpness, defense, or attack?

Section 3: God Cares About More Than Just Profanity

Read: Colossians 3:8-9, Psalm 34:12-13, Proverbs 26:22

Discuss:

- Why do believers sometimes reduce "sinful speech" to cuss words while ignoring gossip, slander, lying, and whispering?
- Which is more dangerous in the church: harsh public words or subtle private words? Why?
- Why is gossip so tempting, even for believers?
- What kinds of sinful speech are easiest to excuse because they sound normal, spiritual, or justified?

Section 4: Our Words Affect More Than the Moment

Read: Proverbs 11:9, Proverbs 17:9, Psalm 52:2-4

Discuss:

- How can repeating a matter damage trust, relationships, and unity?
- What does it look like to “cover an offense” in a healthy biblical way instead of enabling sin?
- Have you ever seen relationships divided because someone would not stop talking?

Section 5: Holy Speech Requires Heart Transformation

Read: Isaiah 6:5-7, Ezekiel 36:26-27, Titus 2:7-8

Discuss:

- Why is Isaiah’s confession about “unclean lips” such a powerful response to the holiness of God?
- What does that tell us about the connection between God’s presence and our awareness of our speech?
- Why is a new heart necessary if our words are really going to change?