

DEEPER BIBLE STUDY

TABLE TALK

MAY 26, 2026 | THE POWER OF PRAYER & THE MINISTRY OF RESTORATION

QUESTION 1 | Prayer in Every Season *(Take 7 minutes)*

Read: Psalm 34:1-3

- James 5:13 says we should pray when we are suffering and sing praises when we are happy. David models this in Psalm 34 — he praises the Lord at ALL times. Be honest with each other: which side comes more naturally for you? Turning to God in the hard seasons, or turning to Him in the happy seasons? Why do you think that is?
- What is one good thing happening in your life RIGHT NOW that you have not yet stopped to praise God for? Share it at your table and let your table praise Him with you.

QUESTION 2 | The Prayer of Faith *(Take 7 minutes)*

Read: Mark 11:22-24

- James 5:15 says it is the prayer of FAITH that heals the sick. Jesus, in Mark 11, teaches us what praying in faith actually looks like. How would you describe the difference between praying in faith and praying in fear, formula, or wishful thinking?
- The sick person in James 5 had to INITIATE the call to the elders — healing required humility. Have you ever struggled to ask for prayer or help when you needed it? What kept you from making the call? What would it look like to humble yourself this week and ask for prayer?

QUESTION 3 | Confession & Community *(Take 7 minutes)*

Read: Proverbs 28:13

- James 5:16 commands us to confess our sins to EACH OTHER, not just to God. Proverbs 28:13 promises mercy to those who confess and turn from their sin — but says those who conceal their sins will not prosper. Why do you think we resist this command so much in modern Christianity? What is the FEAR underneath the resistance?

QUESTION 4 | Going After the Wanderer *(Take 7 minutes)*

Read: Luke 15:4-7

- James ends his letter with a call to go after those who have wandered from the truth. Jesus tells the same story in Luke 15 — the shepherd leaves the 99 to go after the 1. Is there someone the Lord has put on your heart tonight — someone who used to walk with God but has drifted away? Share their first name with your table so they can pray with you.

Looking back over our entire journey through the book of James — what is the single biggest truth, conviction, or change that God has worked in YOUR life through this study? Share it with your table as our closing reflection.