



GOING BACK TO NOTHING | GALATIANS 4 | PASTOR ADAM AZIZ

14 days — We are off for two weeks. Do not let the break become a drift.

DAY 1 | THE SPEECH I KEEP REHEARSING

Read: Luke 15:17–24

Journal:

- The son came home with a speech already written. What exactly was he asking to be made?
- What did the father do before he could finish saying it?
- Where am I still rehearsing the servant speech with God?

Prayer: “Father, I stop asking to be a hired hand in a house where You already made me a son.”

DAY 2 | A SON IN THE HOUSE

Read: John 8:31–36

Reflect:

- Jesus says a slave does not remain in the house forever, but a son does. Why does that difference matter?
- Vs 32 ties freedom to truth. What truth have I been avoiding because it would cost me something?
- If the Son has set me free, why do I still live like I am on probation?

Prayer: “Jesus, You did not make me staff in Your Father’s house. You made me family.”

DAY 3 | COMPLETE IN HIM

Read: Colossians 2:6–10

Journal honestly:

- Paul warns that something will capture us. What does he name, and what does he say it is not based on?
- Vs 10 says I am complete in Christ. What am I still trying to add to complete?
- What has been trying to capture me lately — a system, a standard, a voice?

Prayer: “Lord, I am complete in You. I stop shopping for what I already have.”

DAY 4 | HE IS NOT LATE

Read: 2 Peter 3:8–9

Reflect:

- Peter says God is not slow the way people understand slowness. What is He actually being?
- Galatians says Jesus came at the fullness of the time. What in my life feels overdue right now?
- What would change today if I believed God has never once been late?

Prayer: “God, I stop reading Your patience as absence. You have never been late.”

DAY 5 | ADOPTED, NOT JUST RESCUED

Read: Ephesians 1:3–8

Assignment:

- Write out Ephesians 1:5 and put your own name in it.
- Read it out loud three times before you journal.

Journal:

- Vs 5 says it gave God great pleasure to adopt me. Do I actually believe He enjoys having me?
- Rescue would have been enough. Why do I think He went all the way to adoption?

Prayer: “Father, thank You that You did not stop at buying me back. You brought me home.”

DAY 6 | THE WORD JESUS USED

Read: Mark 14:32–36

Reflect deeply:

- Jesus prays “Abba, Father” in the worst hour of His life. What does it mean that I am given that same word?
- He was honest about what He wanted and still surrendered. Where do I need to do both?
- When was the last time I cried out to God instead of performing a prayer?

Prayer: “Abba, Father. I am not whispering it. I am Yours and I know it.”

DAY 7 | SLAVE. CHILD. HEIR.

Read: 1 John 3:1–3

Assignment:

- Write three words down the page: SLAVE — CHILD — HEIR. Date it.
- Under each one, write what that identity would make you do this week.

Journal:

- John says to look at the kind of love the Father lavished on us. What word would I have used instead of lavished?
- What do I inherit? Not a thing, not a place — God Himself. Is that enough for me?

Prayer: “God, You are my inheritance. Not what You give me. You.”

DAY 8 | DOES HE KNOW ME?

Read: John 10:14, 27–30

Journal honestly:

- Paul corrected himself: “now that you know God — or should I say, now that God knows you.” Why does that order matter?
- Jesus says His sheep hear His voice and He knows them. Do I know His voice, or only His rules?
- What in vs 28–29 settles the question of whether I can be snatched away?

Prayer: “Shepherd, I do not just want to know about You. I want to be known by You.”

DAY 9 | WEAK AND USELESS

Read: 2 Peter 2:20–22

Reflect:

- Peter describes people who escape and then get entangled again. What does he say about their condition?
- Paul called what the Galatians went back to weak and useless. What is the weak and useless thing I keep returning to?
- Why does something that offers no strength and no riches still feel so familiar?

Prayer: “God, I am done going back. Cut the pull of what never helped me once.”

DAY 10 | WOUNDS FROM A FRIEND

Read: Proverbs 27:5–6

Journal:

- Solomon says open rebuke is better than hidden love. When has a wound from a friend actually saved me?
- Verse 6 warns about kisses from an enemy. Where has flattery cost me more than correction ever did?
- Who currently has permission to tell me the truth? Write their names down.

Prayer: “Lord, give me the humility to receive a wound from somebody who loves me.”

DAY 11 | ISOLATION IS THE FIRST MOVE

Read: 2 Timothy 3:1–7

Reflect deeply:

- Paul describes people who worm their way in and manipulate the vulnerable. What makes a person an easy target?
- Vs 5 says they have a form of godliness but deny its power. Where have I mistaken intensity for anointing?
- Has anyone ever tried to make me cut people off in the name of covering? What did that cost?

Prayer: “God, protect me from teachers who want a following instead of Your family.”

DAY 12 | GOOD IDEA OR GOD IDEA?

Read: Genesis 16:1–6

Journal:

- Whose plan was this, and what was the reasoning behind it? Was it unreasonable?
- At what point did helping God turn into disobeying God?
- What Ishmael have I built while I was waiting on a promise?

Prayer: “Father, I repent of the plans I built out of impatience. I will wait on You.”

DAY 13 | UNTIL CHRIST IS FORMED IN ME

Read: Romans 8:28–29

Reflect:

- Paul told the Galatians he was in labor until Christ was formed in them. What does vs 29 say God is forming me into?
- What has God used recently that I would not have chosen but that is shaping me into His image?
- Am I chasing a blessing, or am I willing to be conformed?

Prayer: “Jesus, form Yourself in me. I want to look like You more than I want to be comfortable.”

DAY 14 | CAST IT OUT

Read: Genesis 21:8–14

Assignment:

- On a piece of paper, write the Ishmael you have been keeping in the house.
- Take it to God in prayer, then tear it up or burn it. Do not skip this step.

Journal:

- Sarah could live with Hagar until Isaac was born. What changed once the promise arrived?
- Law and grace cannot share a house or an inheritance. What am I trying to balance that God told me to cast out?
- What does obedience look like in the next seven days — specifically?

Declaration: “I am not a slave. I am an Isaac — born of promise, heir of God through Christ.”

Prayer: “God, I am not balancing it out. I am casting it out. I am a child of promise.”