

THE WAR WITHIN | GALATIANS 5:16-26 | PASTOR ADAM AZIZ

14 days — The war within does not take a holiday. Keep in step.

DAY 1 | NEW APPETITES

Read: Psalm 63:1–8

Journal:

- David is in a dry wilderness, but he is not thirsty for water. What is he thirsty for?
- Paul said the Holy Spirit has cravings too. What am I hungry for now that I never wanted before Jesus?
- What has lost its taste since I came to Christ, and what am I still feeding that I should not be?

Prayer: "Holy Spirit, make me hungrier for You than for anything my flesh craves."

DAY 2 | NO CONDEMNATION IN THE FIGHT

Read: Romans 8:1–6

Reflect:

- Paul says "no condemnation" before he ever talks about the fight. Why does that order matter?
- Verse 6 says what controls the mind decides where life is headed. What has been controlling my mind this week?
- Where have I treated the struggle as proof that I am lost, instead of proof that Somebody lives in me?

Prayer: "Father, condemnation does not get the last word. The fight is proof that You live in me."

DAY 3 | SOMEBODY MOVED IN

Read: 1 Corinthians 6:17–20

Journal honestly:

- My body is the temple of the Holy Spirit. What changes when I see my life as His house instead of my house?
- Verse 18 does not say to resist sexual sin. It says to run. Why would Paul say run instead of fight?
- "You do not belong to yourself." What part of my life am I still running like I own it?

Prayer: "Holy Spirit, this house is Yours. Every room. I am not my own."

DAY 4 | THE ROOFTOP

Read: 2 Samuel 11:1–5

Reflect deeply:

- Verse 1 says it was the season when kings go out to war, but David stayed home. What does that tell me about where temptation finds me?
- Trace the steps: he stayed, he walked, he looked, he sent, he took. Where could David have stopped?
- What is my rooftop — the place, the time of night, or the screen where my flesh keeps finding me?

Prayer: "Lord, keep me where I am supposed to be. I will not hand my flesh a rooftop."

DAY 5 | KEEP OUT OF ITS WAY

Read: Genesis 39:6–12

Journal:

- Joseph called it "a great sin against God." Why did he refuse to call it anything smaller?
- Verse 10 says he kept out of her way as much as possible. What would making no provision for my flesh look like this week?
- Joseph lost his cloak but kept his integrity. What am I willing to lose to stay free?

Prayer: "God, give me Joseph's legs. When I need to run, help me run."

DAY 6 | BIT AND BRIDLE

Read: Psalm 32:8–11

Reflect:

- God promises to guide and advise, then warns against being like a horse that needs a bit and bridle. What is the difference?
- The law led from the outside with a rod. The Spirit leads from the inside with a desire. Which one have I been responding to?
- Where has God been guiding me gently that I have resisted until it hurt?

Prayer: "Father, I do not want to be dragged. I want to be led."

DAY 7 | THE COMMANDER

Read: Joshua 5:13–15

Assignment:

- Write this at the top of a page: "What do You want Your servant to do?"
- Sit quietly for ten minutes and write whatever the Holy Spirit brings to mind. Do not argue with it. Write it.

Journal:

- Joshua asked if the Commander was for them or for their enemies. He said, "Neither." What does that teach me about who leads whom?
- Have I been treating the Holy Spirit like a GPS or like a Commander?

Prayer: "Lord, I am at Your command. You lead. I follow."

DAY 8 | PLANTED, NOT PLASTIC

Read: Psalm 1:1–3

Journal:

- The tree in this psalm bears fruit every season. What does it do to get there, and what does it never have to do?
- What is my riverbank — the place where my roots get fed every day?
- Where have I been straining to produce fruit instead of staying planted?

Prayer: "Jesus, plant me deep. I would rather be rooted than impressive."

DAY 9 | WAX FRUIT

Read: Matthew 23:25–28

Reflect deeply:

- Jesus said the Pharisees cleaned the outside of the cup. What did He say was inside?
- Wax fruit looks perfect from across the room. Where am I performing for people instead of being changed by God?
- If the people closest to me described what is on the inside of me, what would they say?

Prayer: "Lord, clean the inside. I am done polishing the outside."

DAY 10 | FRUIT IS FOR SOMEBODY ELSE

Read: Romans 12:9–18

Journal:

- Verse 9 says, "Don't just pretend to love others. Really love them." What is the difference in real life?
- A tree never eats its own fruit. Who in my life needs to taste my patience and kindness this week?
- Verse 18 says to live at peace with everyone as much as it depends on me. What depends on me right now?

Prayer: "Holy Spirit, let somebody taste You through me this week."

DAY 11 | HIS POWER, MY PART

Read: 2 Peter 1:3–8

Reflect:

- Verse 3 says God has already given us everything we need. Why does Peter start there before he says "make every effort"?
- It is my decision, but it is His power. Where have I been waiting on God for something He is waiting on me to decide?
- Self-control is on Peter's list too. Where do I need the Spirit to give me back control of myself?

Prayer: "God, I make the decision. I depend on Your power. Grow this in me."

DAY 12 | PUT IT TO DEATH

Read: Colossians 3:5–10

Assignment:

- Make a "Just in Case" list of what you keep around for your flesh. Remove one today. Not tomorrow. Today.

Journal:

- Paul says to put to death what is "lurking within you." What has been lurking in me?
- Verse 10 says to put on the new nature. What will I put on in place of what I removed?

Prayer: "Jesus, I nail it to Your cross. I will stop feeding what You died to kill."

DAY 13 | TWO MEN PRAYING

Read: Luke 18:9–14

Journal honestly:

- The Pharisee compared himself to everyone else. What was he really worshiping?
- Where have I been inspecting someone else's fruit more than my own?
- The tax collector would not even look up. What would it look like for me to pray like him?

Prayer: "God, be merciful to me. My eyes are on You, not on everybody else."

DAY 14 | CHANGED INTO HIS GLORY

Read: 2 Corinthians 3:16–18

Assignment:

- Draw two columns: FLESH and SPIRIT. Write what has led your decisions these 14 days.
- Circle one area where you will keep in step with the Spirit, and tell someone you trust.

Journal:

- Where the Spirit of the Lord is, there is freedom. Where is that freedom growing in me?
- Empty glory chases likes. His glory changes me. Which glory have I been chasing?

Declaration: "The war within is real, but I am not alone. I am led by the Spirit, and I will keep in step with Him."

Prayer: "Holy Spirit, You lead and I follow. Change me into His image."